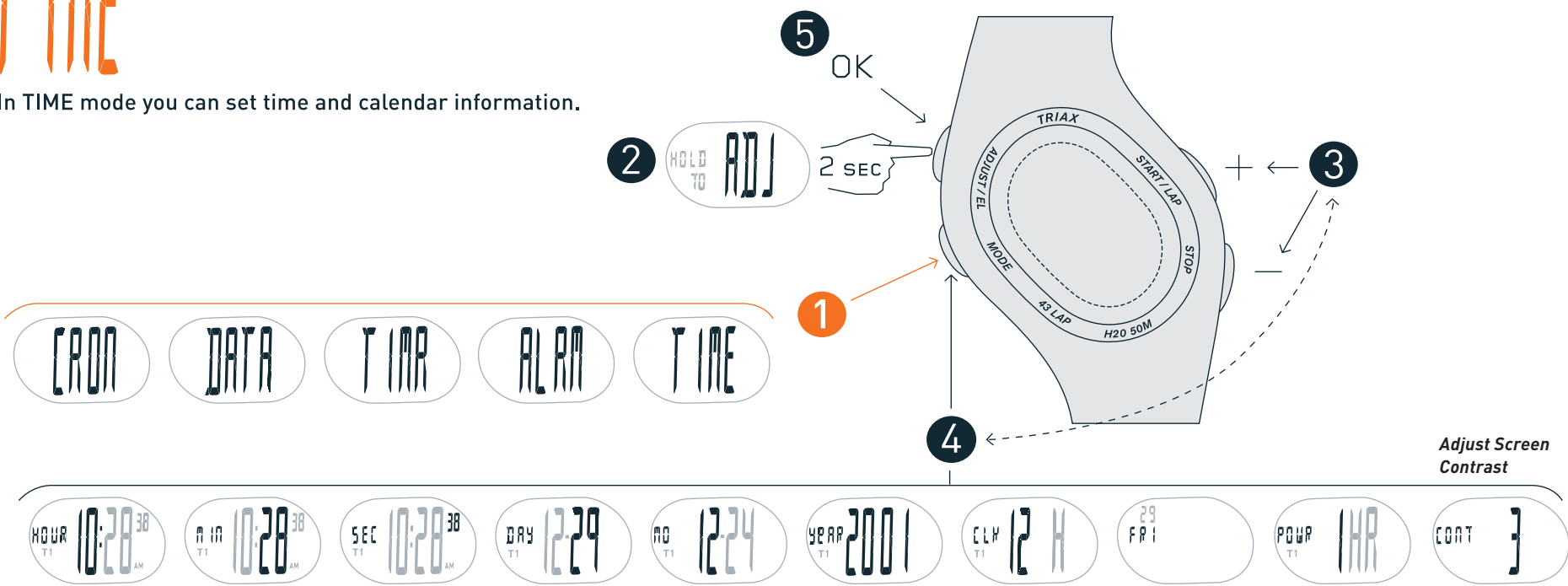
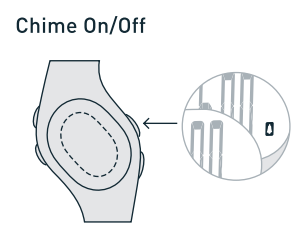
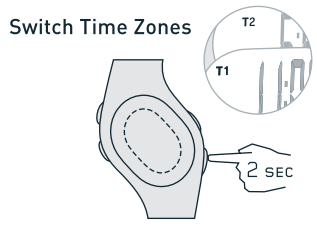
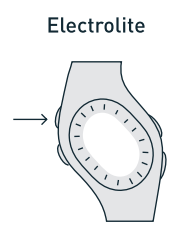
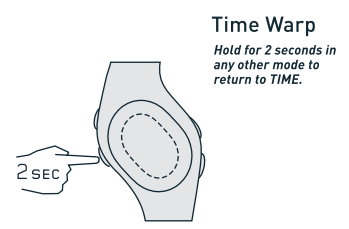


# TIME

In TIME mode you can set time and calendar information.

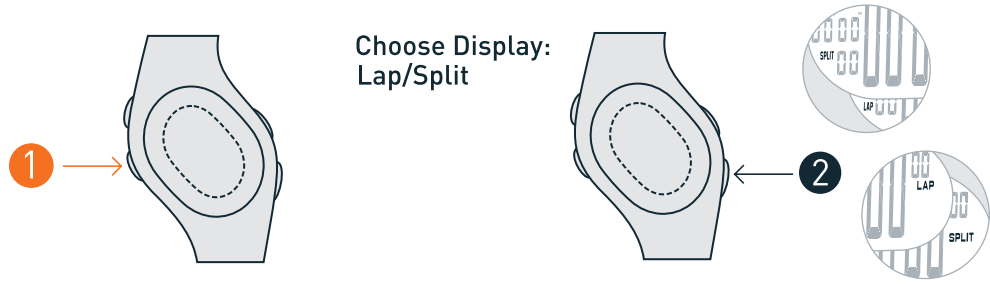


**Powersave:** Display shuts off after specified time to conserve battery. Press any button to turn watch on.

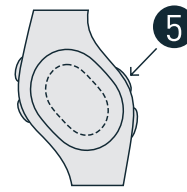
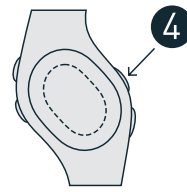
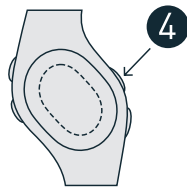
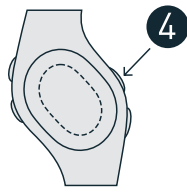
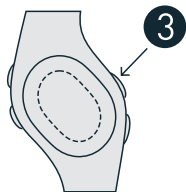
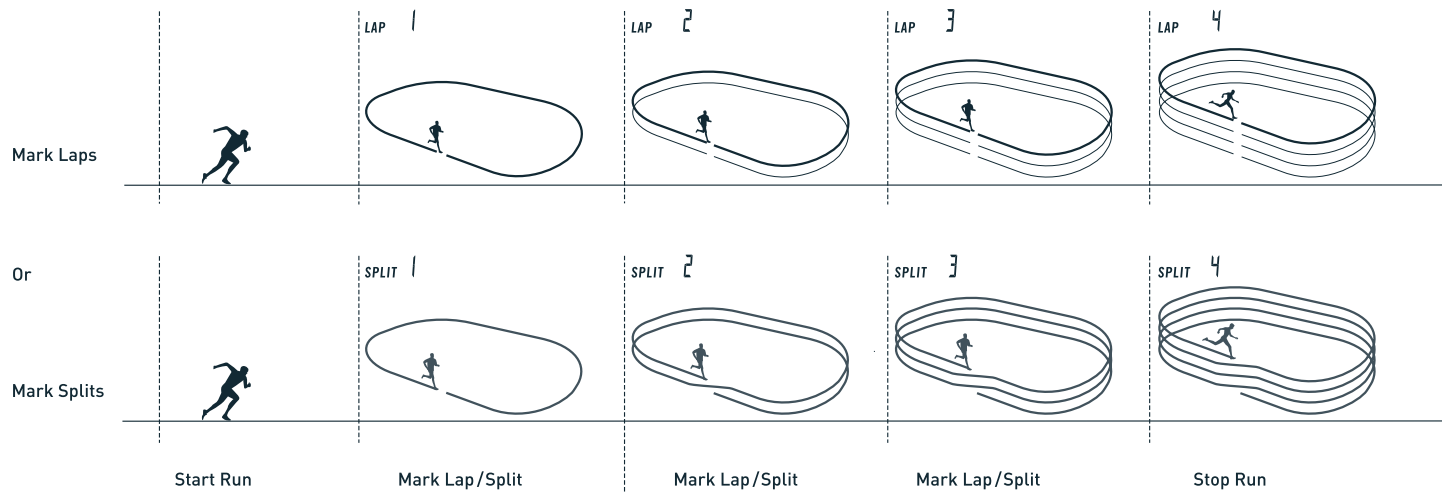
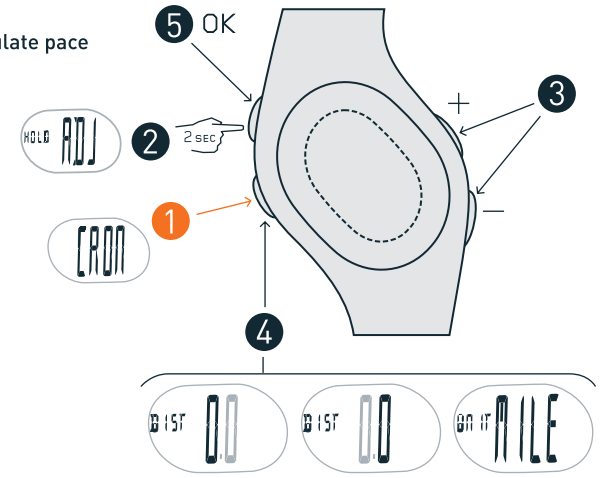




In CHRONOGRAPH mode you can capture lap, split and run times. Save your times for review in DATA mode.



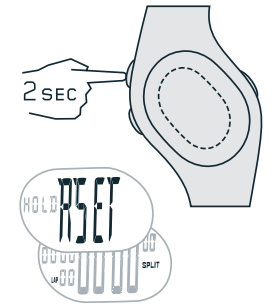
Set Distance to calculate pace



You have 8 seconds to read lap or split time.

Your run is automatic saved to DATA mode.

6 Reset

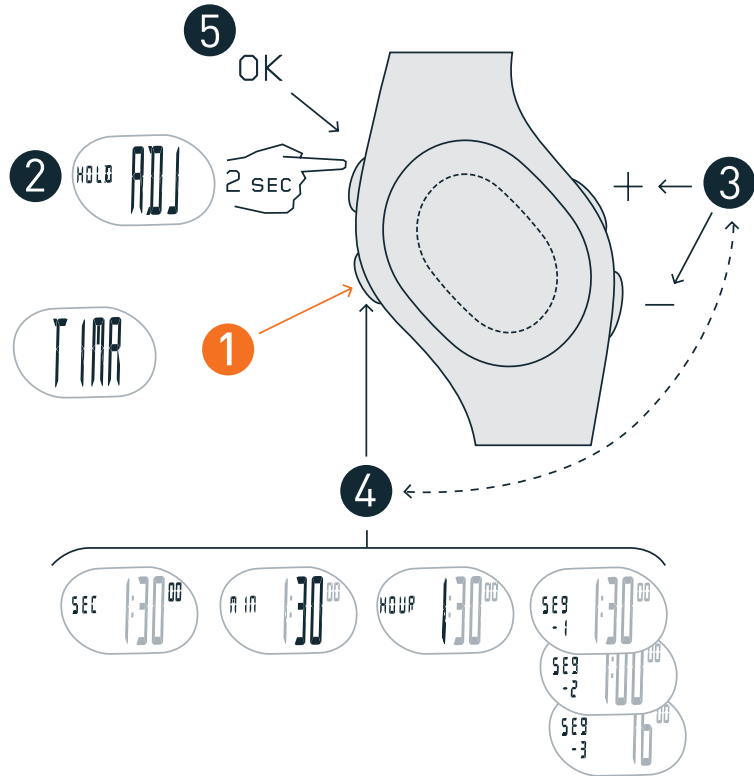


Information in DATA mode is erased upon starting a new race

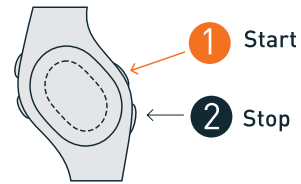


# TIMER

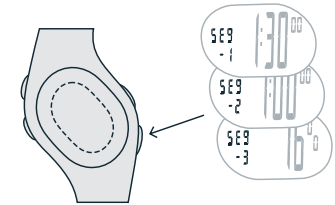
In TIMER mode you can set a repeating timer for your workout.



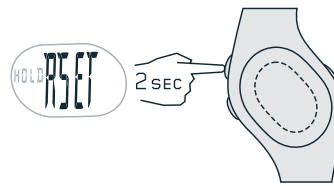
Start & Stop Countdown



Cycle Segments



Reset Countdown



Clear All Segments

