

MINUTEMAN

1

INSTRUCTIONS

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The clock is running out...Victory depends on knowing when to make your move...A fraction of a second is all that separates the first to win and the first to lose...Timing is everything.

This manual includes step by step instructions to help you identify the features and functions of each mode. So you can have time on *your* side.

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MODES

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Cycle to a mode

Press MODE repeatedly until desired mode (TIME, CHRO, DATA, TMR, AL) appears.
Release button; in two seconds the selected mode appears.

a TIME



Time and calendar information.

b CHRONOGRAPH



Measures and records lap and split times.

c DATA



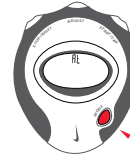
Recalls lap and split times for up to 10 laps.

d TIMER



Multi-function countdown timer.

e ALARM



Two 20 second alerts with an hourly chime.

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a TIME

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In TIME mode you can view time and calendar information.

Set time of day

1 In TIME mode, press and hold ADJUST for 2 seconds. Seconds designator blinks.

Note that the adjustable element is always blinking. If no buttons are pressed for 2-3 minutes the watch will exit ADJUST mode and return to TIME mode.

2 Press START/LAP to reset seconds to zero.

3 Press STOP/RESET to advance to the next programmable element. Hours begin blinking.



4 Press START/LAP to advance one hour. Hold for quick advance.

5 Press STOP/RESET to advance to the next programmable element.

6 Repeat steps 2-4 until all the elements are set: Seconds, hours, minutes, weekday, year, month, date, and 12/24 hour display.

7 Press ADJUST to save changes. Time is set and no elements are blinking.



b CHRONOGRAPH

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In CHRONOGRAPH mode you can measure and record lap times and split times for up to ten laps. Recorded times are accessed in DATA mode.

Lap time = time required to cover a segment of a run.

Split time = total elapsed time up to the completion of a lap.

Start measuring a lap

Press START/LAP.

Display begins with 1/100 seconds, then seconds, then minutes, then hours. If accumulated times proceed to hours, 1/100 seconds are replaced by hours display.



Mark lap completion and start next lap measurement

Press START/LAP.

Completed lap number appears above the time display. Lap time appears for 4 seconds, then split time appears for 4 seconds, then display returns to overall time.



Stop measuring a lap

Press STOP/RESET.

Counting stops and "STP" appears in the display. Total elapsed time appears.



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Restart a lap measurement

Press START/LAP.

Counting continues.



Reset chronograph

Chronograph must be stopped to reset.

Press STOP/RESET.

Chronograph resets.



C DATA

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In DATA mode you can recall up to ten lap and split times.

When DATA mode is first accessed, the time for the first lap is displayed. The display alternates automatically between lap and split times.

Quick lap/split view
Press ADJUST for quick change of lap and split view.



View next lap time
Press START/LAP.
Next lap number and lap time appear.



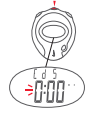
d TIMER

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TIMER mode provides a multi-function countdown timer programmable in one minute increments up to 23 hours and 59 minutes. A tone will sound at the end of each countdown. The timer can be programmed in 3 ways:

- Countdown to zero and stop
- Countdown and repeat
- Countdown and begin counting up from zero.

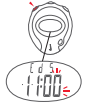
Set the timer
1 In TIMER mode, press and hold ADJUST for two seconds. The hour designator blinks.



2 Press START/LAP to advance one hour. Hold for quick advance.



3 Press STOP/RESET to advance to the next programmable element. Minutes begin blinking.

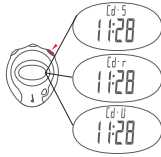


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4 Press START/LAP to advance one minute.
Hold for quick advance.



5 Press STOP/RESET to advance to the next programmable element.



6 Press START/LAP to choose the timer function.
Select Cd-S for countdown and stop.
Select Cd-R for countdown and repeat.
Select Cd-U for countdown and chronograph count up.



7 Press ADJUST to save changes.

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Start timer
Press START/LAP.
Countdown begins. The upper portion of the display shows the starting countdown time.



Pause timer
Press STOP/RESET during countdown.
Countdown stops.



Restart timer
Press START/LAP.
Countdown continues.



Reset timer
Timer must be paused to reset.
Press ADJUST.
Timer resets.



e ALARM

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ALARM mode features 2 alarms that sound for 20 seconds each. Press any button to deactivate a sounding alarm.

Set the alarm

1 In ALARM mode, press and hold ADJUST for two seconds.
Hour designator blinks.



2 Press START/LAP to advance one hour.
Hold for quick advance.



3 Press STOP/RESET to advance to the next programmable element.
Minutes begin blinking.



4 Press START/LAP to advance one minute.
Hold for quick advance.



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5 Press ADJUST to save changes.

Advance to the next alarm
Press the STOP/NEXT button.

The next alarm number appears in the display. Follow directions above for setting the next alarm.



Turn alarm and hourly chime on/off

In ALARM mode, press START/LAP.

When the alarm is activated a **A** appears in the display. Alarm will sound once daily.



When the hourly chime is activated a **A** will appear.



Alarm and Chime Off

Alarm On

Chime On

Alarm and Chime On

SPECIFICATIONS

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MODE LIMITS

TIMER	23:59'
CHRONOGRAPH	99:59'59".99

WATER RESISTANT

TRIAx MATERIALS

CASING	Polycarbonate
STRAP	Polyurethane
CASEBACK	Stainless Steel

BATTERY LIFE

BATTERY TYPE

1.5 years
CR-2016

WARRANTY

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Your NIKE Minuteman is warranted to be free of defects in materials or workmanship, under normal use, for a period of one year from the date of original retail purchase. This limited warranty excludes the battery, crystal, strap, or damage resulting from improper care or handling, accidents, modification, unauthorized repairs, or normal wear.

Return the defective watch and the store receipt to the place of purchase. If there is a covered defect, the defective parts or watch will be repaired or replaced, at Nike's option, with the same product (if available) or a similar product of equal price.

This limited warranty is in lieu of all other express or implied warranties, and excludes refund of the purchase price. In no event shall NIKE be liable for direct, indirect, incidental, or consequential damages arising out of the use of the watch, and any recovery is limited to the purchase price. No other person or company is authorized to change this limited warranty, and your dealer is solely responsible for any other warranties.

Please fill out this registration card and retain as proof of warranty.

OWNER'S NAME _____

DATE OF PURCHASE _____

RETAILER (IF KNOWN) _____

NAME/STYLE OF WATCH _____

SERIAL NUMBER (LOCATED ON BACK OF WATCH) _____

SIGNATURE _____